



First Aid Workshop

On **19 July 2025**, the **Rover and Ranger Unit** organized a **First Aid Workshop** to provide students with basic knowledge and practical skills for handling medical emergencies. During the workshop, students received training in **Cardiopulmonary Resuscitation (CPR)**, first aid for **snake bites**, bleeding, burns, fractures, and other common emergencies. They also learned the proper use of a first aid kit and the importance of providing immediate assistance before professional medical help arrives.

The workshop enhanced students' confidence, preparedness, and sense of responsibility in responding to emergency situations, equipping them with essential life-saving skills.

Amit
Amit Kapil
Asst Prof (History)
Rover Leader.

Deepali
Ranger Leader.



Adventure Trek to Bandala Dhar

On **18 November 2025**, the Rover and Ranger Unit organized an **adventure trek to Bandala Dhar**. The trek aimed to promote physical fitness, teamwork, leadership, and a spirit of adventure among students. Participants explored the natural surroundings, enjoyed the trekking experience, and developed confidence, discipline, and environmental awareness through this outdoor activity.

Amil
Rover
Amil Kapil,
Asst Prof (History)
Leader

Deepali
Ranger
Deepali
Leader.