

NSS UNIT
GOVT. COLLEGE JUKHALA
DISTT. BILASPUR, HIMACHAL PRADESH



A Report
On
NSS Special Camp
(24/12/2021 to 30/12/2021)



Day One: 24/12/2021

On 24/12/2021, a seven-day special camp of the NSS Unit was inaugurated at Government College Jukhala. Retired principal Shri Devi Ram Chauhan ji, who served various government colleges, Himachal Pradesh, was the chief guest of the camp. The camp started with March Past and NSS Pledge and then Pledge of 'Educated Youth and Self-reliant India' was taken by the volunteers. After that morning assembly was conducted with a prayer, National Song and National Anthem. After this, Amla and Pomegranate saplings were planted in the Botanical Garden by the chief guest. Then everyone gathered in the conference room for the further programme which started with the worship of Goddess Saraswati and lighting of the lamp. The chief guest was welcomed by the Principal Prof Anju Bala Sharma and honoured him with a Kamini plant (orange jasmine) as a gift. Dr. Veena Sharma, NSS Programme Officer apprised everyone about the theme: "Educated Youth and Self-reliant India" and importance of the seven-day camp under which various educational and cultural activities under the 'Azadi Ka Amrit Mahotsav' were proposed to be conducted for seven days. She also told that experts

from different fields will be invited who will guide the volunteers. Thereafter the chief guest addressed the audience. He told the volunteers that selfless service to the nation is the only true service. He also told them what qualities should be there in a student and that he should stay away from bad company. Also in his address, he talked about the role of teachers and parents in drawing out the best in the students. He told them how to build character and good personality. After this, the culinary arrangements of lunch were done by volunteers. In the evening, a cleanliness campaign was conducted in and around the college premises. The first day concluded with the song "ढम हेंगे कामयाब । " On this occasion, Principal Prof. Anju Bala Sharma, all the teachers and non-teaching staff members were also present.



Anju Bala Sharma
Principal
CG C Jukhala
Bhilai Nagar (H. B.)

Sharma
 25/12/2021
 Dr Veena Sharma
 NSS Programme Officer
 Govt. College Jukhala

Day Two: 25/12/2021

On 25/12/2021, the second day of the seven-day special camp of NSS Unit started with a March Past and NSS theme song. After that there was a morning assembly, the National Song and the National Anthem was sung. After this, weeds were removed from all the gardens in the college and the surrounding places were cleaned. Then, the culinary arrangements of lunch were done by the volunteers. After lunch NSS Programme Officer Dr. Veena Sharma apprised volunteers about "Start-up and Make-in-India" by giving examples and also explained to them the possibilities of self-employment. Volunteers also presented their views and suggestions on this subject. In the evening session, discussion expert Mr. Ravi Sharma who works as Manager in IT Solutions Company, Noida told the volunteers about e-commerce and digital shops to set up different types of businesses according to their own preferences and skills. He told how today's educated youth can become self-reliant by making proper use of their interests and skills.

The second day ended with the song "हम हेंगे कमयब ।"



Signature
Principal
G. C. Jukhala
Bilaspur (H. P.)

Signature
26/12/2021
Dr. Veena Sharma
NSS Programme Officer
Govt. College Jukhala

Day Three: 26/12/2021

On 26/12/2021, the third day of the seven-day special camp of NSS Unit proved to be very important. The day started with a March Past and morning assembly. Thereafter the report of the second day was presented; NSS theme song, National song and National Anthem were sung. Then the chief guests and experts YouVAH NGO founder members Mr Satish Tomar from Sirmaur, Ms Arti Sharma and Mr Akhil Sharma from Bilaspur were welcomed by Dr. Veena Sharma, NSS Programme Officer. Thereafter they addressed the volunteers. Mr Satish Tomar apprised the volunteers about the important principles and objectives of NSS. The main focus of the day was the strict and disciplined training of volunteers, which was imparted by Mr Satish Tomar who was the only representative of Himachal in the Republic Day Parade in January 2021. His enthusiasm was really contagious. The volunteers got to learn a lot from him and all got benefitted immensely. After this, the culinary arrangements of lunch were done by the volunteers. In the evening, the plants planted in the college premises were decorated. Then the Extempore and Declamation Competition was organized in which the judges were all three guests. Various topics of this competition, which are usually asked in competitive examinations, were given by NSS Programme Officer Dr Veena Sharma. Its purpose was to instil confidence in the volunteers and enrich their knowledge. In the competition, Shreya stood first, Gaurav second and Anjana third. Archana, who got selected from District Bilaspur for the NSS Youth Festival which will be held in Puducherry in the month of January in 2022, shared her experience of selection with everyone. The third day ended with the song "लोकतम मिलाओ रे रे ! आओ।"



Uyom
Principal
G. C. Jukhala
Bilaspur (H. P.)

Dr Veena Sharma
27/12/2021
Dr Veena Sharma
NSS Programme Officer
Govt. College Jukhala

Day Four: 27/12/2021

On 27/12/2021, the fourth day of the seven-day special camp of NSS Unit started with a March Past and morning assembly. Thereafter, the report of the third day was presented, the NSS theme song, the National Song and the National Anthem were sung. Principal Prof. Anju Bala Sharma and teachers were also present on this occasion. Then after the permission of the Principal and on the directions of NSS Programme Officer Dr. Veena Sharma, volunteers went to the Prarthna Dhoop Ltd. factory located in Jukhala. They collected information from the people working there about the complete technology of small scale industries running there. The NSS Programme Officer Dr. Veena Sharma promoted "Vocal for Local" theme. After this all the volunteers left for Rishi Markandeya Temple for a cleanliness drive. Then the cooking and arrangement of lunch was done by volunteers. After this all proceeded to Mandhani, the place famously called the tapobhoomi of sages. They visited the Gyan Gufa situated at a great height there. They also saw the ancient Shiva Temple. Swami Ravindra Giri ji, the chief ascetic of Gyan Gufa, was the discussion expert of the day. He explained the importance of Sanatan Dharma to the volunteers and explained the rites embedded in it. He also explained in detail the reason for the decline of moral values and also taught the younger generation to maintain morality and truthfulness. The fourth day ended with the song "मिल के चले।"



Anju Bala
Principal
G. C. Jukhala
Bilaspur (H. P.)

Dr. Veena Sharma
28/12/2021
Dr. Veena Sharma
NSS Programme Officer
Govt. College Jukhala

Day Five: 28/12/2021

On 28/12/2021, the fifth day of the seven-day special camp of NSS started with a march past and morning assembly. After that the report of the fourth day was presented, the NSS theme song, National Song and National Anthem were sung. Principal Prof. Anju Bala Sharma and teachers were also present on this occasion. The first academic session of the day started with a group discussion with the volunteers by Dr. Kashmir Singh, Assistant Professor in Music. He gave important tips to everyone on increasing self-confidence and succeeding in the interview. At the same time, he listened to the experiences of the volunteers, especially the third year volunteers participating in the discussion and gave them the basic mantras to get success. In this discussion, NSS Programme Officer Dr Veena Sharma also explained many things about personality development to the volunteers. After the conclusion of this session, Professor Sudama Ram, Associate Professor in Geography delivered a lecture on Disaster Management. Through PPT, he explained various types of natural disasters to the volunteers by giving their detailed description as well as told how to deal with them. He also conducted a mock drill done on earthquake. After this food was prepared by the volunteers and everyone had lunch. In the evening session "Best Out of Waste" workshop was organized under the guidance of Principal Prof. Anju Bala Sharma, in which she taught the volunteers the art of making vertical planters from waste PVC pipes and made them usable. Dr. Veena Sharma told that today's day proved to be very beneficial and informative to the volunteers. The day ended with the song "हम हों कामधेनु।"



Dr Veena Sharma
29/12/2021
NSS Programme Officer
Govt. College Jukhala

Principal
Principal
G. C. Jukhala
Bilaspur (H. Pg)

Day Six: 29/12/2021

On 29/12/2021, the sixth day of the seven-day special camp of the NSS Unit started with a march past and morning assembly. After that the report of the fifth day was presented, the NSS theme song, the National Song and the National Anthem were sung. Principal Prof. Anju Bala Sharma and teachers were also present on this occasion. After this, NSS Programme Officer Dr. Veena Sharma visited DIET, Jukhala along with the volunteers where they were shown the medicinal nursery by Mr. Ramesh Vardhan, lecturer of Physics. He also showed them things made from waste material. After this visit, a yoga session was organized in the yoga room in the college by Dr. Nitesh, Assistant Professor in Chemistry. He taught everyone the main asanas and kriyas of yoga. Surya Namaskar, Jal Neti and Sutra Neti were the main activities demonstrated by Dr. Nitesh himself in this session. Also, Principal (Prof.) Anju Bala Sharma was also present as a discussion expert. She also gave lecture on Yoga and its importance. The session ended with the address by the NSS Programme Officer. After this food was prepared by the volunteers and everyone had lunch. In the evening session, under the guidance of Principal (Prof.) Anju Bala Sharma, the fifth day's "Best out of Waste" workshop continued, in which volunteers made beautiful paintings on vertical planters and also painted flower pots. Volunteers also made beautification planter boundaries around the plants planted in the gardens of the college. Dr. Veena Sharma told that after learning this new art from the Principal, the enthusiasm of the volunteers was worth-admiring. The day ended with the song "मिल के चले।"



Signature
Principal
G C Jukhala
Bilaspur (H. P.)

Signature
30/12/2021
Dr Veena Sharma
NSS Programme Officer
Govt. College Jukhala

Day Seven: 30/12/2021

On 30/12/2021, the seven-day special camp of the NSS Unit came to a successful close. The day started with a morning assembly and March Past. Then the report of the sixth day was presented, the NSS theme song, the National Song and the National Anthem were sung. Principal Prof. Anju Bala Sharma and teachers were also present on this occasion. After this, different types of plants were planted in the vertical planters made by the volunteers. Thereafter, NSS Programme Officer Dr. Veena Sharma organized the closing ceremony in which the chief guest was Principal (Prof.) Anju Bala Sharma. The programme started with the lighting of the lamp and worship of Goddess Saraswati. This was followed by a presentation of "सम्पूर्ण रामायण" by volunteer Arti. Then Volunteer Deepak presented a mono act on "मैं की ममता।". At the end of this cultural session Himachali Nati enthralled everyone. After this, the Principal was presented with a token of gratitude by the volunteers. Then all the volunteers were felicitated for their services during the seven days. Shilpa was declared the Best Girl Volunteer and Gaurav the Best Boy Volunteer of the camp. Archana was given a special award for being selected in the 25th NSS Youth Festival. The Principal also presented her with a prize and a book. The group that was declared the best in culinary skills was that of Aarti, Shilpa's for maintaining best cleanliness, Rachna's for conducting best morning assembly, Deepali's for cultural programme, and Nikita's group for other important works. After this, food was prepared and everyone had lunch. The camp ended with the singing of the National Anthem. NSS Programme Officer Dr. Veena Sharma told that the entire camp was enthused with the activities of the theme "Educated Youth and Self-reliant India" and it really helped in the all-round development of the volunteers.



Ujwala
Prin. Pina
G C Jukhala
Bilaspur (H. P.)

Dr. Veena Sharma
33/12/2021
DR Veena Sharma
NSS Programme Officer
Govt. College Jukhala

