

NSS UNIT
GOVT. COLLEGE JUKHALA
DISTT. BILASPUR, HIMACHAL PRADESH

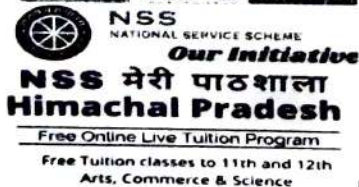


Annual Record
Of
NSS Activities since March 2021 to December 2021

1. May 31 to August 31- "NSS Meri Pathshala"

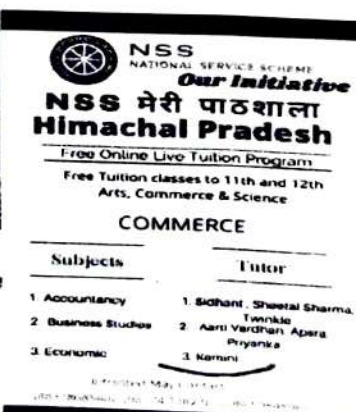
Four NSS volunteers rendered their selfless services as peer tutors and mentors under the guidance of NSS Programme Officer Dr Veena Sharma and directions of District Convener, Management Incharge, Arti Sharma (NSS Volunteer). They took free online classes of Eleventh and Twelfth standard students of Arts and Commerce Stream in the state under the initiative of Himachal Pradesh NSS making 'Har Ghar Pathshala.' The volunteers' details are as under:

Sr. No.	Name	Class	Tutor for Stream
1.	Arti Sharma	BA-III	Arts (Political Science)
2.	Bunty	BA-II	Arts (History)
3.	Kamini Devi	B.Com.-III	Commerce (Economics)
4.	Arti Vardhan	B.Com.-II	Commerce (Business Studies)



Subjects	Tutor
1. Political Science	1. Arti, Anika, Ruchi
2. History	2. Monica, Divya, Dhriti
3. Hindi	3. Nisha
4. Sanskrit	4. Lalita
5. Geography	6. Suman
6. English	6. Harshdeep

Interested May Contact:
(9837685540) (9817493827) (9809084890)



De Veena Sharma
NSS PO

Vijay
Principal
G. C. Jukhal
Bilaspur (H. Pr.)

2. May 31- "World No Tobacco Day" Celebration

NSS Unit celebrated "World No Tobacco Day" on 31/05/2021 through a webinar conducted by Dr Veena Sharma, NSS Programme Officer. 25 volunteers participated in it with their poster presentations and speeches on the theme of "Commit to Quit." The message to tobacco users and others of strong determination in quitting and thereby leading a healthier life was echoed large.



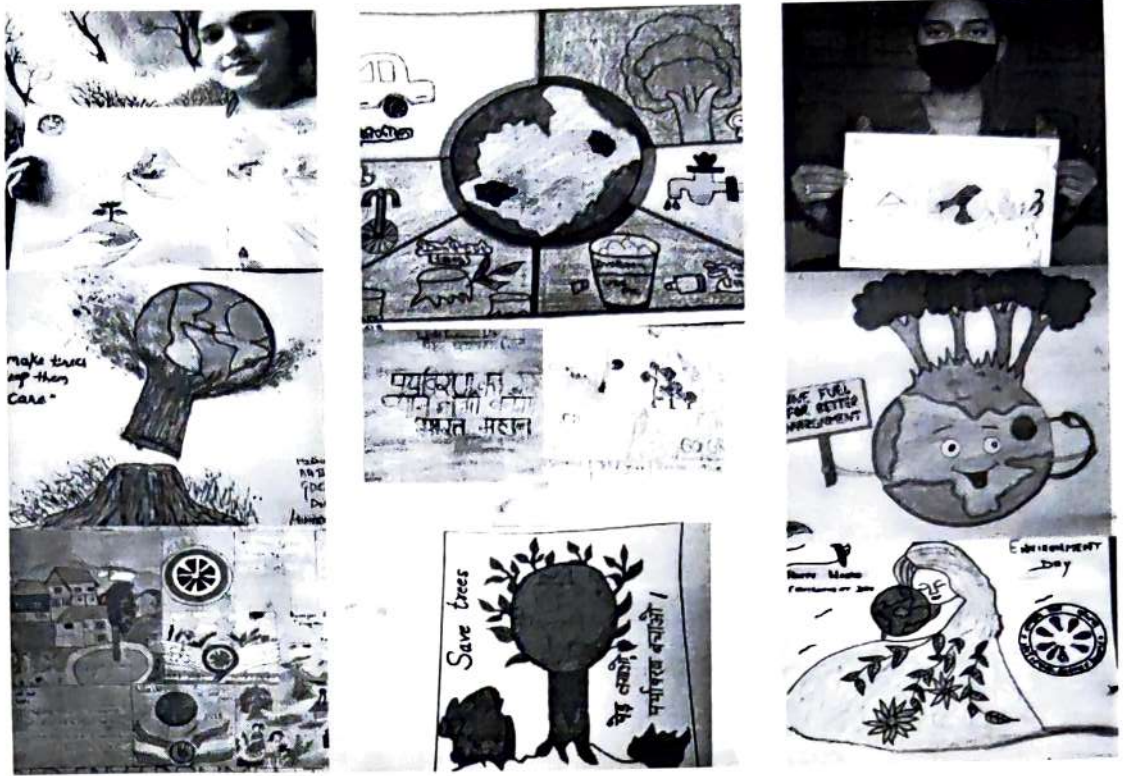
3. June 5- "World Environment Day" Celebration

NSS Unit celebrated "World Environment Day" on 05/06/2021 in which 30 NSS volunteers participated with their poster presentations and declamations on the theme of "Ecosystem Restoration" through a webinar. The theme was introduced by Dr Veena Sharma, NSS Programme Officer. Aforestation, greening, cleaning up rivers and other natural water bodies and reversing the damage caused by human activities to the environment were the chief concerns.

Shaema

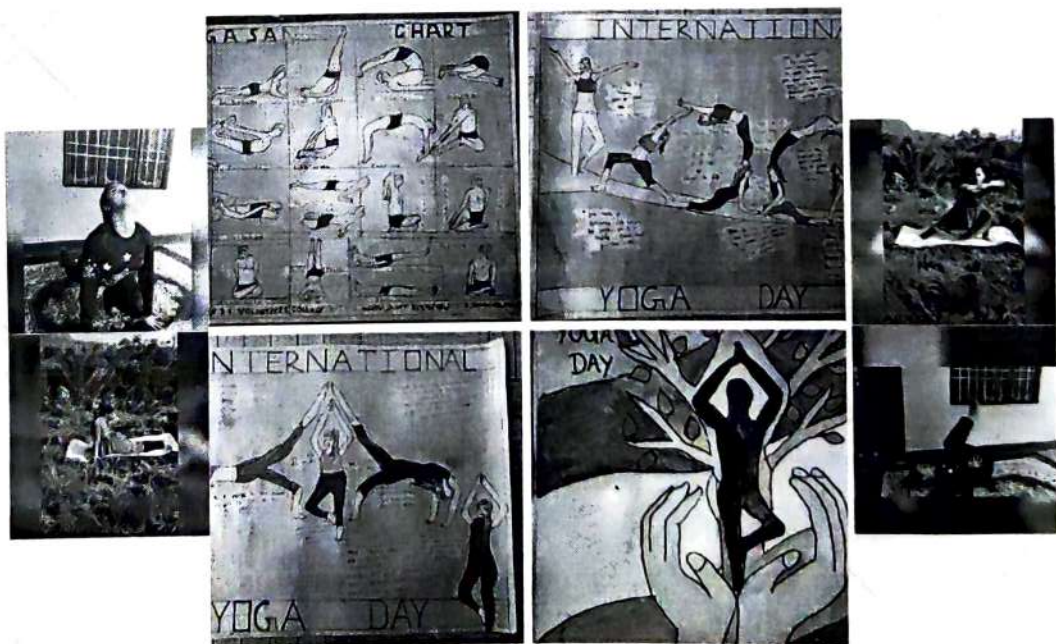
Dr Veena Shaema
NSS PO

Vijay
Principal
G C Jukhala
Bilaspur (H P)



4. June 21- "International Yoga Day" Celebration

NSS Unit celebrated "International Yoga Day" on 21/06/2021 in which 30 NSS volunteers and 20 other students participated. The theme of "Yog Apnaya, Nirogi Kaya" of the event was introduced by Dr Veena Sharma, NSS Programme Officer. Students came up with their poster presentations and demonstrations on beneficial yogic exercises and postures through a webinar. It highly benefitted all present in the platform.



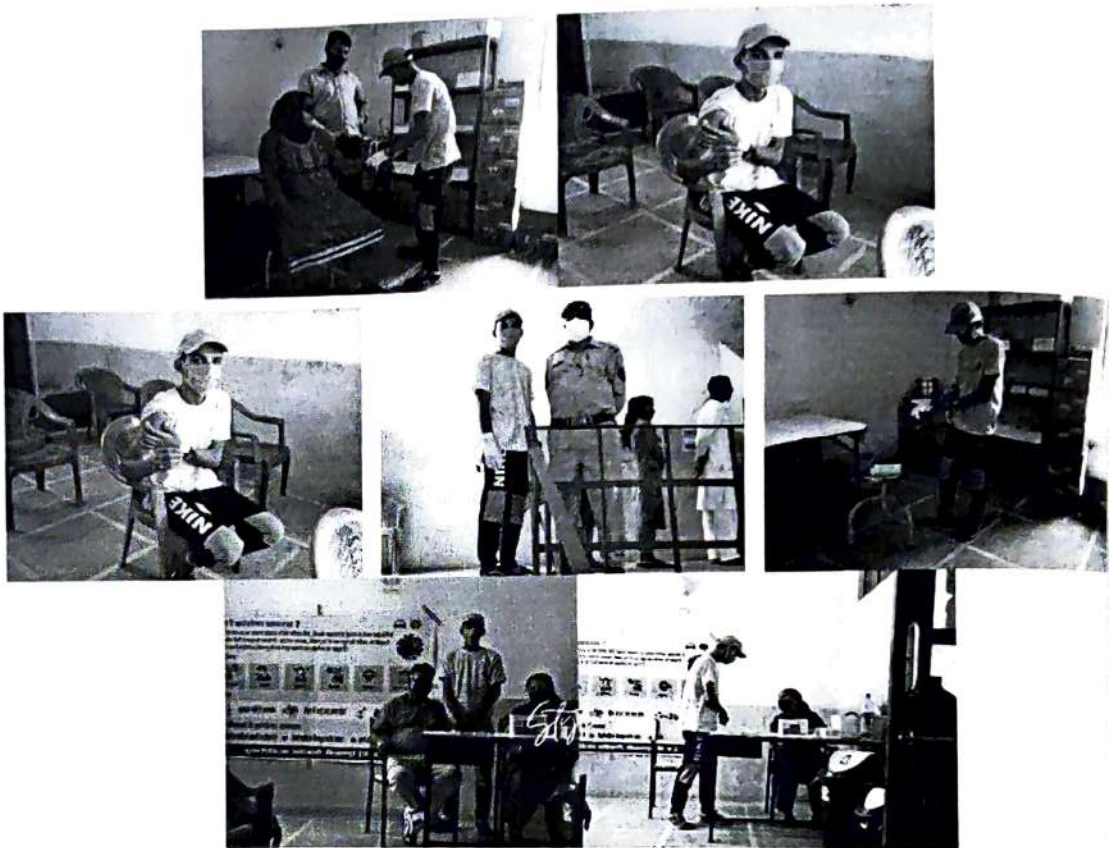
Shaema

Dr Veena Shaema
NSS PO

Vijay
Principal
G C Jukhala
Bilaspur (H. P.)

5. June 25- Services in Covid-19 Vaccination Drive

Deepak Sharma, who was declared the 'Best NSS Volunteer 2020' in the NSS Special Camp of the year 2020 rendered his selfless and relentless services in Covid-19 Vaccination Drive in the PHC, Jukhala, Bilaspur. He along with other ¹⁵ NSS volunteers encouraged people to get vaccinated and also helped people guiding their way to vaccination centres. Also NSS volunteers under the guidance of Dr Veena Sharma, NSS Programme Officer, informed and trained the villagers about the process of registration for vaccination on COWIN Portal.



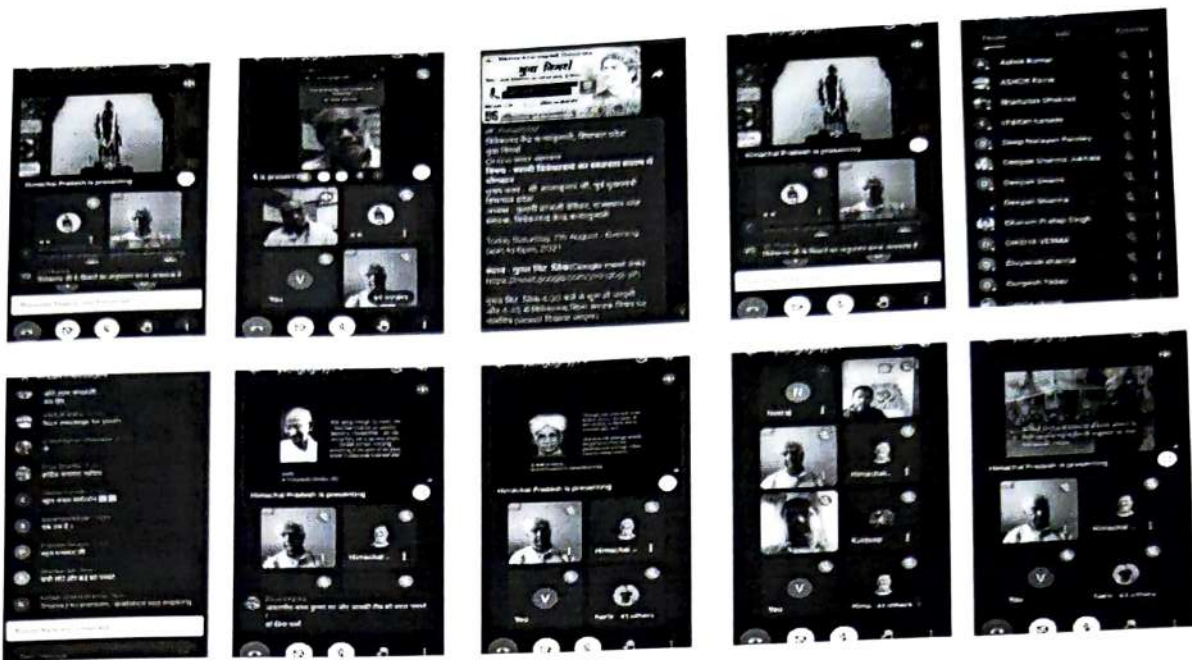
6. August 7- Attended Workshop organized by Vivekananda Kendra Kanyakumari, Himachal Pradesh

50 NSS volunteers attended this highly meaningful workshop on Google Meet. Many eminent people, several NGOs, teachers and students from different institutes all across the country shared the platform. The main themes of the workshop were "Service to Mankind is Service to God," "Purity in mind, words and deeds is the first step towards Cleanliness" and "Cleanliness, Covid-19 and other Seasonal Maladies." The chief speakers of the workshop were Shri Shanta Kumar, former Chief Minister, Himachal Pradesh and Kumari Pranjali Yerikar, Rajasthan Province Organizer, Vivekananda Kendra Kanyakumari. The resourcefulness of these two luminaries really benefitted all the participants.

Dr. Veena Sharma

Dr. Veena Sharma
NSS PO

H. G. Jukhala
Principal
G C Jukhala
Bilaspur (H. P.)



7. August 9 to 15- Swachha Himachal Abhiyaan (separate report enclosed)

8. August 15- 75th Independence Day Celebration: "Azadi ka Amrut Mahotsava"

Govt. College Jukhala celebrated 75th Independence Day under the title of "Azadi ka Amrut Mahotsava" organized and conducted by Dr Veena Sharma, NSS Programme Officer and guided by Dr Kahmir Singh. Students participated in various types of activities like Patriotic Song singing, Declamation on the theme of Patriotism, Dance and self composed Poem recitation. The celebration was presided over by the Principal (Prof.) Anju Bala Sharma. All the faculty members were present on the occasion. The sentiment of patriotism and nationalism ruled the hearts of all sharing the platform.

Dr Veena Sharma

Dr Veena Sharma
NSS PO

Principal
Principal
G C Jukhala
Bilaspur 144



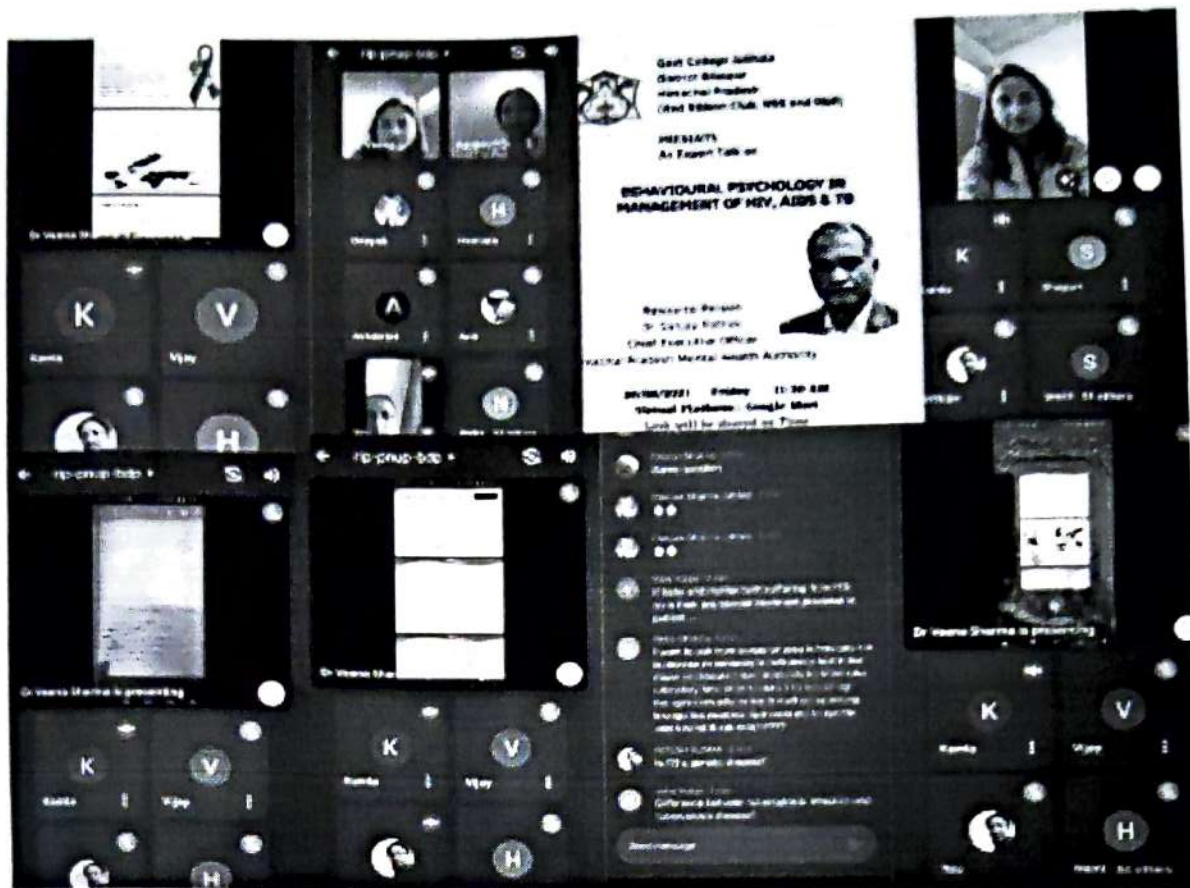
9. **August 20- An Expert Talk on "Behavioural Psychology in Management of AIDS HIV & TB"**

Dr Veena Sharma, NSS Programme Officer organized and conducted the virtual workshop-cum-expert talk on 20/08/2021 on "Behavioural Psychology in Management of AIDS, HIV & TB." 50 NSS volunteers along with 15 students of Red Ribbon Club and Rovers & Rangers and faculty members participated in it. The expert of the talk was Dr Sanjay Pathak, Chief Executive Officer, Himachal Pradesh State Mental Authority. All attended it with enthusiastic interaction and discussion. The talk was highly enriching and it benefitted all by making them aware of all major concerns linked to these diseases and issues.

Bhaeno

Dr Veena Sharma
NSS PO

Gym
Principal
G C Jukhala
Bilaspur (H P)



10. September 4- Plogging Run under "Azadi ka Amrut Mahotsava"

NSS Unit organized the Plogging Run under 'Fit India Movement' to mark "Azadi ka Amrut Mahotsava" celebration. The event was done in collaboration with Rover and Ranger, Eco Club and Red Ribbon Club of the college. Students collected different types of wastes and sensitized people about environmental cleanliness. It was organized under the guidance of Principal (Prof.) Anju Bala Sharma, who addressed the students on the important environmental concerns.

Sharma
 Dr. Veena Sharma
 NSS PO

Anju
 Principal
 G. C. Jharkhand
 Bilaspur (H. P.)



11. September 11- Plantation Drive

NSS Unit in collaboration with Rover and Ranger, Eco Club and Red Ribbon Club of the college organized the Plantation Drive to mark the celebration of "Azadi ka Amrut Mahotsava." In this, 50 medicinal plants like Amla, Reetha, Arjun, Jamun, and Pomegranate were planted. Also students were assigned duties to take care of these plants. All the faculty members were present during this activity. Principal (Prof.) Anjali Bala Sharma, who presided over the event, sensitized all about afforestation and restoring the greenery.

Sharma

Dr. Neena Sharma

NSS PO

G C Jukhala
Principal
G C Jukhala
Bilaspur (H. P.)



12. September 14- Hindi Diwas Celebration

NSS Unit in collaboration with Literary Club celebrated Hindi Diwas on September 14 under the directions of Dr Veena Sharma. The chief guest of the occasion was Principal (Prof.) Anju Bala Sharma. All the faculty members and students attended the celebration. The sentiment of Nationalism ruled hearts of all present in the programme by the presentations of students on various competitive activities like self composed poem recitation, declamation and quiz on "Hindi Bhasha evam Sahitya." The competitions were judged by the principal. The result was as follows:

Sr. No.	Name	Class	Position
1.	Ankit	BA-I	First in Poem Recitation
2.	Manju	BA-II	First in Declamation
3.	Premchand Team (Sunaina & Shalu, Neha & Khushboo)	BA-III & BA-I	First in Quiz

Dr. Veena Sharma

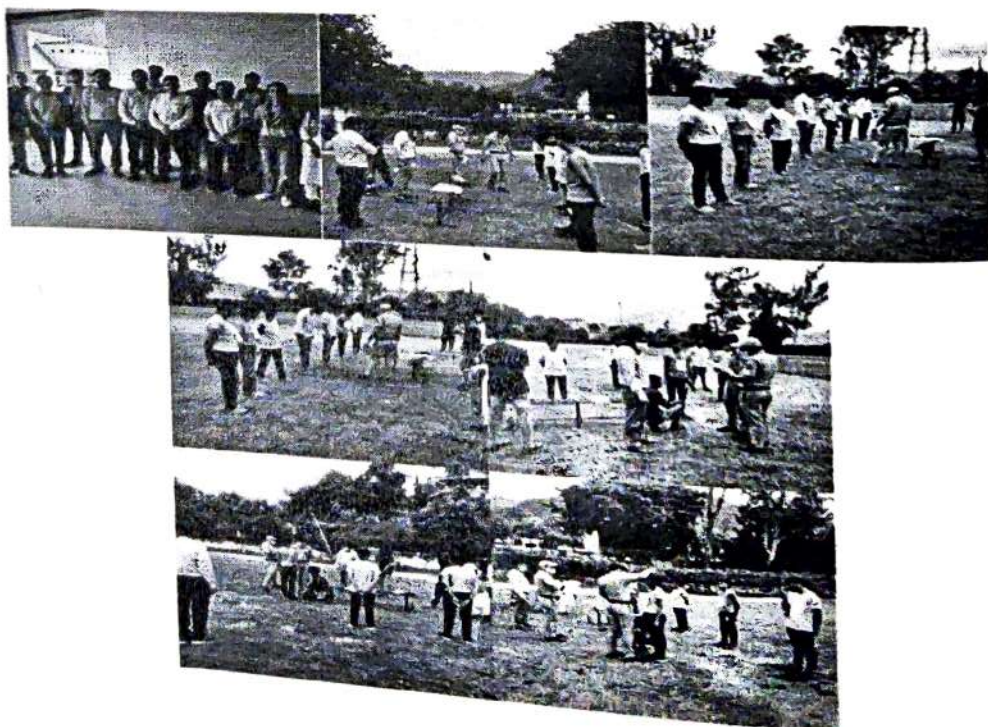
Dr. Veena Sharma
NSS PO

Anju Bala Sharma
Principal
G. C. Jukhala
Bilaspur (H. P.)



13. September 22- Participation in Pre-RD Selection Camp

NSS Volunteer Deepak Sharma participated in Pre-RD Camp in Govt. College Bilaspur on September 22. He represented Govt. College Jukhala and showcased exemplary discipline and talent in all activities conducted there.



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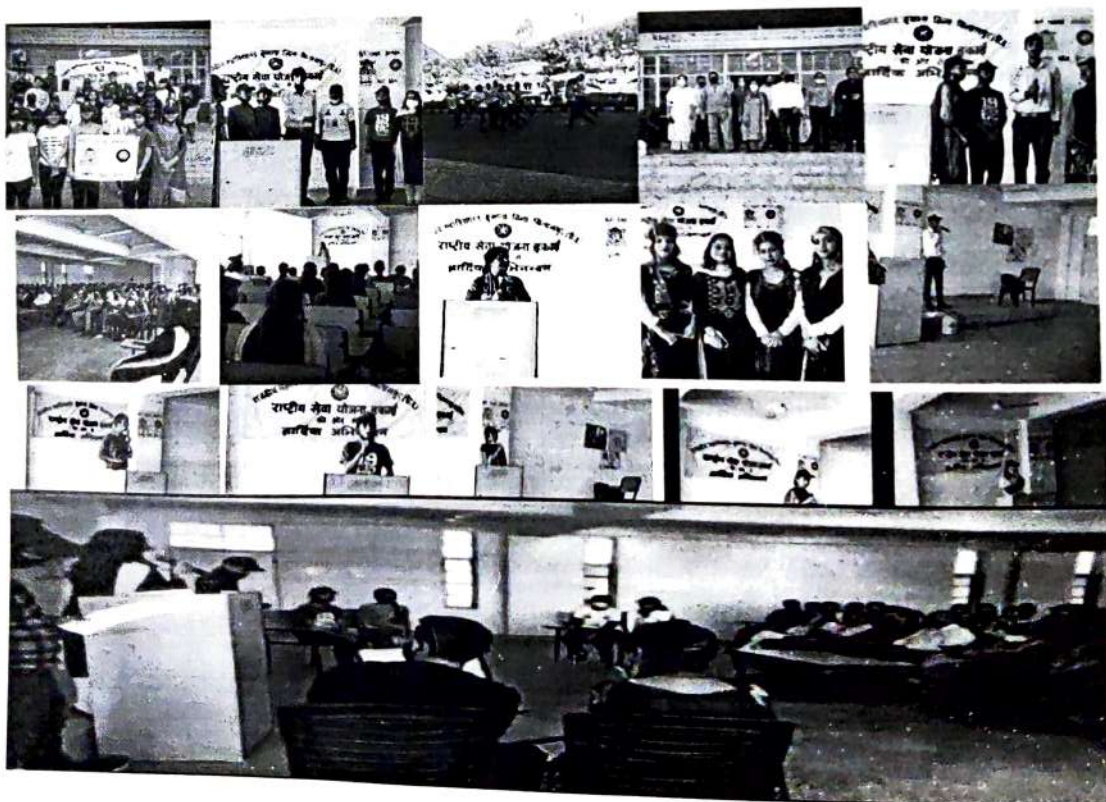
Dr. Veena Shaens
NSS PO

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Principal
G C Jukhala
Bilaspur (H. P.)

14. September 24- "NSS Day" Celebration

On the occasion of the foundation day of NSS, the NSS unit organized an educational and cultural programme under the leadership and guidance of the NSS Programme Officer Dr Veena Sharma. First and foremost, there was March Past by the NSS volunteers who offered salute to the Guest of Honour, Principal (Prof.) Anju Bala Sharma. She administered the oath of service to nation to the volunteers. Thereafter the cultural programme started with the National Song followed by the NSS' thematic song of inspiration awakening national sentiment. The main attractions of the programme were Pahari Solo Song Competition, Declamation Competition and Himachal GK Quiz Competition which were judged by Dr H.L. Sharma, Prof. Hemlata and Prof. Rajender. Other events were Pahari Duet Song and Himachali Nati. The occasion was also made contextual with the celebration of "Golden Jubilee Year of Full Statehood." The Principal addressed the audience with words of nationalism and patriotism. All the faculty members and all students were present on this occasion. The result was as follows:

Sr. No.	Name	Class	Position
4.	Naresh	BA-II	First in Song
5.	Archna	BA-II	First in Declamation
6.	Swami Vivekananda Team (Archna and Manju)	BA-II	First in Quiz



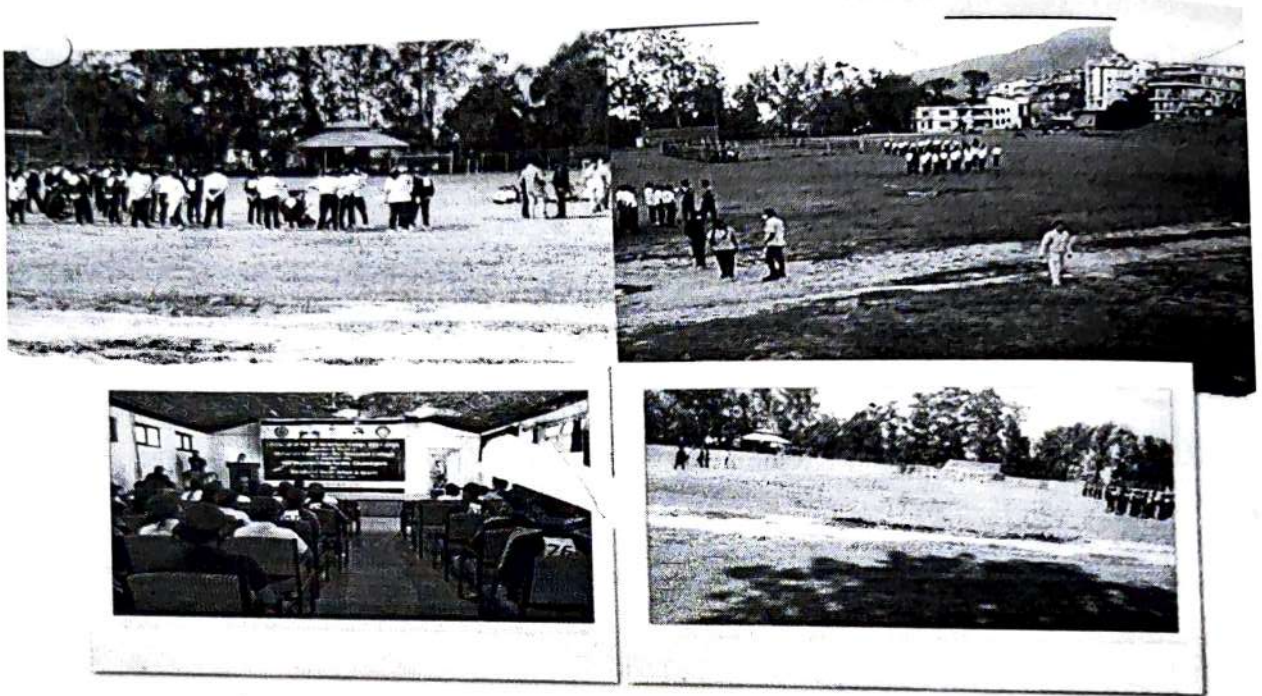
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Dr Veena Sharma
NSS PO

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Principal
G C Jukhala
Bilaspur (H P)

15. September 28- Participation in Pre-RD Selection Camp

NSS Volunteer Deepak Sharma participated in the Pre-RD Camp at MLSM College Sundernagar on September 28. He represented Govt. College Jukhala and showcased exemplary discipline and talent in all activities conducted there.



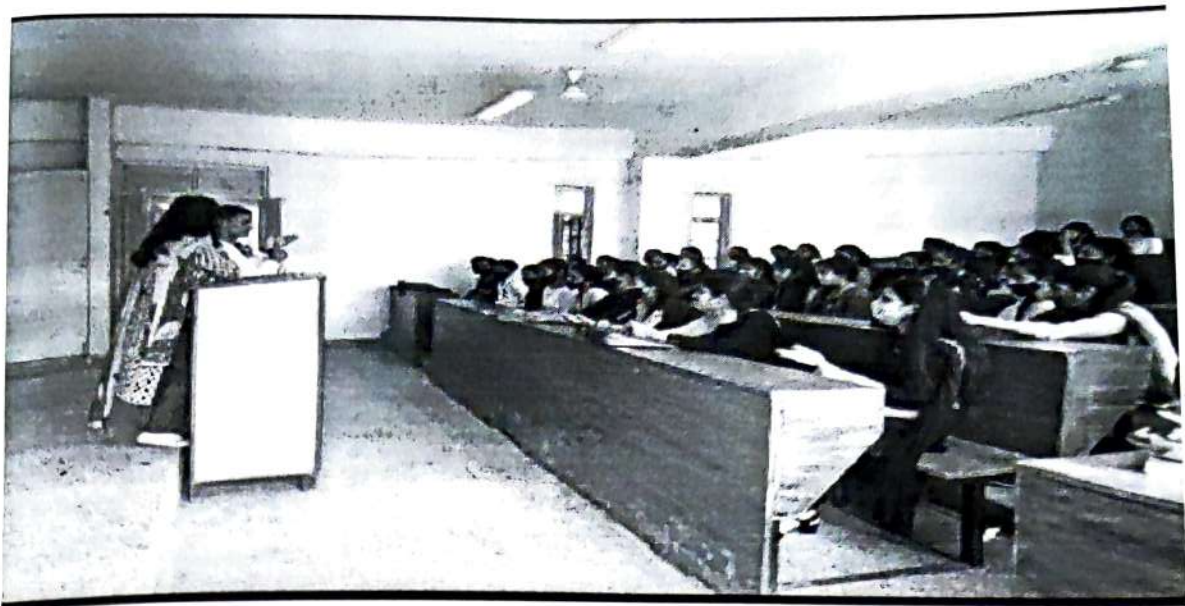
16. September 29- Induction Meeting for new entrants in NSS Unit

An induction meeting was scheduled for the newly enrolled NSS volunteers. The objective was to apprise them with the basic concepts of NSS, duties of NSS volunteers and code of conduct for them. It was presided over by the NSS Programme Officer, Dr Veena Sharma.

Dr Veena Sharma

Dr Veena Sharma
NSS PO

Principal
Principal
G C Jukhala
Bilaspur (H) PO



17. October 01 to 31- "Clean India Programme" (separate report enclosed)

18. October 12- Participation in The Launch of Phase II- Awareness Campaigns on HIV & TB

50 NSS volunteers along with the Programme Officer Dr Veena Sharma and 20 other students participated in the online webinar on "Awareness Campaigns on HIV & TB" under "Azadi ka Amrut Mahotsav." It was inaugurated by the Health and Family Welfare Minister Dr Bharti Praveen Pawar who also discussed several health issues related to these fatal diseases. The students were made aware of the know-how of these deadly maladies. The students vowed that as they are all united in their contribution towards making India@ 75 progressive, so will they stand united in the fight for eradication of these diseases.



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Dr Veena Sharma
NSS PO

G. J. J. J.

Principal
G. C. Jukhala
Bilaspur (H. P.)

19. October 21- "E-Posters and Memes Competition"
 E-Posters and Memes Competition on the theme of 'cleanliness' was organized under "Clean India Programme-1/10/2021 to 31/10/2021" on October 21 by the NSS Programme Officer Dr Veena Sharma. It was presided by the Principal (Prof.) Anju Bala Sharma who encouraged the volunteers to be responsible environmentalists. Dr H.L. Sharma, Prof. Sudama Ram and Prof. Ranjit Kaushal were the judges of the competition. The result was as follows:

Sr. No.	Name	Class	Position
7	Deepak Sharma	B.Com.-III	First in Memes
8	Vijay Yadav	BA-III	Second in Memes
9	Nidhi	B.Com.-I	First in Poster-Making
10	Bandna	BA-III	Second in Poster-Making
11	Manisha Devi	BA-III	Third in Poster-Making



20. October 24-30 - NSS Seven Day Special Camp (Separate report enclosed)

De Veena Sharma

Dr Veena Sharma
 NSS PO

Principal
 G C Jukhala
 Bilaspur (H. P.)

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जुझाणा (बिलासपुर)। राजकीय महाविद्यालय जुझाणा में भारतीय रक्षाध्य और परिवार कल्याण मंत्रालय के तत्वाधान में एच आईवी और टीबी पर कौलेज प्राध्याप अंजु खाना की अध्यक्षता में ऑनलाइन जागरूकता कार्यक्रम का

कार्यक्रम का उद्घाटन प्रदेश स्वास्थ्य और परिवार कल्याण मंत्री डॉ. भारती प्रवीण पखार ने किया। इसमें राजकीय महाविद्यालय मुखाला के रेत गिबन कलाब के अध्यक्ष से महाविद्यालय के समस्त संकायों के विद्यार्थियों को वृत्तपत्र रिजल्टेशन लिंक के माध्यम से जोड़ा गया।

यह कार्य रेड रिबन क्लब ने प्रभारी सौन्या राठी के सहयोग पूर्ण किया। इस कार्यक्रम में महाविद्यालय के लगभग 70 विद्यार्थियों ने भाग लिया।

कालिज की प्राचार्य अनुपाल शर्मा ने भी इस अवसर पर अपने विचार रखे। वहीं, एमएसएम कार्यक्रम अधिकारी सीना शर्मा ने अभी एनएसएम स्वसेवाको केंद्रीय भागीदारी के लिए धन्यवाद किया। उन्होंने कहा कि यह आयोजन भाविष्य में भी होते रहेंगे। संवाद

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कल गायन में अर्चना प्रथम



किलासापुर, 25 सितम्बर (स.ह.)—एन एस एस स्थापना समिति के चल रहे कार्यक्रमों की कड़ी में गांवों में महाप्रतिष्ठापाल जुवाड़ा में सांस्कृतिक शैलीक कार्यक्रमों का आयोजन किया गया। कार्यक्रमों की मुख्यातिथि कालेब प्राणायाम अंगु करता रही, जबकि कार्यक्रमों की अध्यक्षता एन एस एस कार्यक्रम आधिकारी डा. बीना शर्मा ने की। इस दौरान हुई एकल गान कार्यक्रमों में कला संकाय द्वितीय वर्ष के छात्र नारा प्रथम रहे।

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De Veena - Shaema
NSS PO

Signature
P. C. Jukhala
Bilaspur (H. P.)



SPECIAL CAMP IN MEDIA

Dr Veena Sharma
NSS PROGRAMME OFFICER
GOVT. COLLEGE JUKHALA

Principal
G C Jukhala
Bilaspur (H. P.)